






2012 Labor Day Half

Half Marathon Run/Walk & 4 Mile Run/Walk

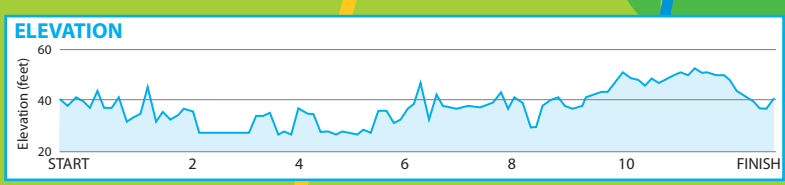
- **START** at Marymoor Park Velodrome
- West on NE Marymoor Way to Sammamish River Trail
- North on Sammamish River Trail to Leary Way NE Trail Crossover
- North on Sammamish River Trail to Turnaround
- **Turnaround** at intersection of NE 116th St & Sammamish River Trail
- South on Sammamish River Trail under Leary Way NE
- Southeast on Sammamish River Trail to Bear Creek Parkway
- Northwest on Bear Creek Parkway to Leary Way NE
- West on Leary Way NE to Sammamish River Trail
- South on Sammamish River Trail to Marymoor Connector Trail
- East on Marymoor Connector Trail to East Lake Sammamish Trail
- South on East Lake Sammamish Trail to Turnaround
- **Turnaround** at intersection of East Lake Sammamish River Trail & 187th Ave NE
- North on East Lake Sammamish Trail to NE 70th St
- West on NE 70th St to 176th Ave NE
- South on 176th Ave NE to NE Marymoor Way
- South on NE Marymoor Way to Marymoor Connector Trail
- West on Marymoor Connector Trail to Finish
- **FINISH** at Marymoor Park Velodrome



 Half Marathon OUT Route
 Half Marathon IN Route
 4 Mile Run Route




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Available at select water stations along the course



Less than 125 cumulative feet of elevation change throughout entire half marathon distance!